



Yaquina Bay Yacht Club

Adult Sailing Program

Often you can see sailboats on the water in Yaquina Bay. Did you every have a dream of sailing your own boat? This is your opportunity to learn to sail the Lido 14 foot sailboats owned by the Yaquina Bay Yacht Club (YBYC). Your successful completion of this course can lead to crewing on larger boats for racing or cruising. For the experienced sailor YBYC is offering a new special course on sailing keel boats.

Each sailing student will be responsible for a sailboat to taste the feel of the helm and the drive of the sail by the wind. The sailing lessons are fun, challenging, and full of sailing topics of all sorts. Upon completion each student should be confident with sailing their own boat.

The instructors for this course each have many years of sailing experience, and are certified US Sailing Instructors. The sponsoring organization is the Yaquina Bay Yacht Club of Newport.

Adult Sailing Opportunities Offered in 2008

Beginning Small Boat Sailing (cost is \$175 per student)

Schedule for Session 1:

Thurs, May 8	7-9PM	<i>Classroom *</i>
Sat, May 10	9-2 PM	<i>Classroom & On the water sailing</i>
Thurs, May 15	7-9 PM	<i>Classroom</i>
Sat & Sun, May 17-18	9-2 PM	<i>Classroom & On the water sailing</i>
Thurs, May 22,	7-9 PM	<i>Classroom</i>
Sat & Sun, May 24-25	9-2 PM	<i>Classroom & On the water sailing</i>

Schedule for Session 2: 8AM – 5 PM September 20th-21st , 27th-28th

Beginning Keel Boat SAT & SUN, September 13-14, 20-21, 27-28

Classroom is at the YBYC Clubhouse at 750 SE Bay Blvd. in Newport

On the Water Sailing is done in sailboats located near the Clubhouse at the docks

Student Perquisites for Keel Boat Course: Pass the YBYC Beginning Sailing Course or Demonstrate equivalent skills with a Lido 14 sailboat and hold an Oregon Boating Card. This must be accomplished prior to class participation; the sailing instructor will arrange for a proficiency session prior to the class.

Sailing Class Preparation: A PFD (life jacket) is required for each student. Each student also will be responsible for study of the sailing manual/materials and any practice exercises at home. The proper clothing & safety procedures along with the class process and boat usage will be described during the first session. Needless to say, each student must bring foul weather gear, jacket, and extra changes of clothes plus a sail knife for the Keel Boat Course. Each student must bring their lunch and drink (no alcohol) each sailing on the water day.

Sailing Class Routine: Each session will consist of a formal presentation of materials for that day, classroom exercises, then on weekends to the sailboats for a day of sailing and learning to master the wind. Following each sailing on the water practice we will gather for a questions & answers session and sailing debriefing. The final lesson will be a challenging long sail with special challenging objectives.

Course topics include:

Beginning Sailing students will learn the principles & techniques of sailing, rigging the boat, sailboat lines, sailing from and to the wharfs, knots, safety, and hear some real sea stories. There will be plenty of time to practice sailing on Yaquina Bay. You will have full responsibility for your boat guiding it back and forth across the waters. We will have special sailing challenges like picking up objects and practicing capsizing & recovery. You will have your own text book too.

The more advanced **Keel Boat Sailing Course** will focus on getting the boat from and to a slip or wharf, sail trimming, steerage, different sails & reefing, line handling, emergency situations – person overboard and broken gear, sailing light winds & heavy winds, lee shore issues, dealing with currents & tides, sailing after dark, navigation, anchoring, going aground, skipper & crew responsibilities, sailing up river, sailing out & in the jetty, and radio communications. A special text book will be used along with a number of special handouts.

Immortal words from Sea Fever by John Masefield “I must go down to the seas again, to the lonely sea and the sky, And all I ask is a tall ship and star to steer her by, ...” sticks in my mind as I gaze at the stars over the sea.

Contacts:

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